

I am Grateful

Equipment needed
Paper – Either a big sketch pad, or in post-it notes
Pens

John 11.41

Then they took away the stone from the place where the dead was laid. And Jesus lifted up his eyes, and said, Father, I thank you that you have heard me.

Question for reflection

What are you grateful for?

What areas has God blessed your life?

Activity

Often, we forget to simply enter God's presence with the intention of saying 'Thank You'. We are often quick to request and ask, but slow to show our gratitude to God in a deep and meaningful way.

Take the time to write a sentence or draw a symbol of gratitude and thanksgiving to God. This can be for a specific area of your life, or something more general.

Take the time to simply say 'Thank You' to God.